



Úna Bhán

Tourism Co-Operative Society

Newsletter

Úna Bhán Tourism Co-operative Society Ltd, Grounds of King House, Main Street, Boyle, Co Roscommon
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TIME TO CELEBRATE

The Award winning Boyle Farmers Market will celebrate their **6th Anniversary** in the grounds of King House, Boyle on Sat 30th April.

Boyle Farmers Market have been awarded the **Good Practice Standard for Farmers Market 2011/2012** by Department of Agriculture, Fisheries & Food and Bord Bia.

Boyle Farmers Market provides an essential platform for local, small scale producers and artisan products.

Several stall holders that have attended the market over the years have gone on to open their own shops and / or restaurants, including Chantelle from Pure Florists, Lynn from Chatterbox Designs, Louise & Laurence from Greenway Emporium and Sham from the Cottage Restaurant, Jamestown.

Sham will celebrate on Sat 30th, by providing a food demonstration & food samples from menu of The Cottage Restaurant—cooked on site and will provide an irresistible aroma, so do come early as the food is sure to disappear quickly. Live music will be provided on the day by New Zealander, Chris Baillie and all stall holders will each provide extra Special Offers and food tastings.

Úna Bhan Tourism with financial assistance & support from Arigna LEADER and co-operation from Roscommon County Council launched Boyle Farmers Market in 2005 and are delighted that customers near and far support local, fresh & wholesome produce. Boyle Market provides local Organic Meat & Poultry; Fresh Fish; Organic Fruit & Veg; Gluten & Wheat Free produce; Organic Free Range Eggs; Cheeses; Breads, Cakes & Saviouries; Juices; Honey & Jams; Speciality Teas and many more lines of produce & products. For more information contact Patricia Golden, Úna Bhán Tourism Co-operative unabhan@indigo.ie Tel: 071 96 63033 www.facebook.com/boylefarmersmarket www.unabhan.net

SPECIAL OFFERS on Sat 30th :

Free tastings of Chile con Carne & Lasagne & Quiche & Waffles & German Boxy & Fish Cakes & Gluten Free Scones with new season gluten free Strawberry Jam # special offers on Wildflower Honey and Fairy Tale Cakes # Organic Apples, Oranges & Spinach # A small pot of herbs for every €5 spent on vegetable plants # Haddock at a reduced price # Pashminas now down to €10 each # Tea Brack / Harvest Loaf now only €7 # 5ltr box of Pure Apple Juice now €16 # Apple Pie now €3.50 # Rhubarb Pie now €4.00 # lots of other special offers on the day. So drop in to the Boyle Origin Farmers Market on Saturday 30th - 10am until 2pm and enjoy a great day.



Boyle Fire & Rescue Services - Charity Duathlon

All proceeds to "The Mater Heart Appeal" which provides screening for families who are at risk of Sudden Adult Death Syndrome (S.A.D.S)

The second Boyle Fire & Rescue Service Charity Duathlon takes place in Lough Key Forest Park on Sunday 1st May.

Run routes - 5km - 2.5km course in the scenic and tranquil Forest Park.

Cycle route - 20km relatively flat course exiting Forest Park at Ardcarne junction onto the N4 with a turnaround 1km from Carrick on Shannon and returning back along the N4 to Forest Park via the Rathdiven entrance. Registration fee includes an event t-shirt for all competitors as well as prizes and trophies for first Male and Female age group finishers, other spot prizes also.

Why not make this event a family day out as bouncy castles, children's obstacle course, face painting and other activities will be taken place in conjunction with the Duathlon. The normal Forest Park €4 parking fee will not apply. For more information .David Gunning / Tommy Sheridan 0868586225 / 0864082786

TABLE QUIZ

Boyle Summer Show fundraising Table Quiz will take place on Fri 20th May in Dodds Lounge. Tables of four will be €20.

Please support while having a bit of fun & brain teasing!

National Lottery Health Grant Scheme Open

The Department of Health has a €3.78M National Lottery Discretionary fund to provide once-off grants to organisations providing a range of health related services. Applications are invited from community groups and voluntary organisations with an involvement in the provision of health services to specific client groups (for example persons with an intellectual disability and/or physical disability, elderly, etc.), national groups providing information and support for various disabilities and illnesses and groups with a specific interest (for example to provide holidays for elderly, equipment for hospitals, mini-buses, homes, etc). Applications should be made as soon as possible. For more information/application form go to www.dohc.ie/other_health_issues/lottery_grants/ or contact Finance Unit, Department of Health & Children on 01 6354281 or lotterygrants@health.gov.ie

Boyle Local Art Exhibition 2011

Once again, it is the time of year to remind all local artists, new artists, those from further a field & those under 25 - it is time to be thinking of your entry to the BAF11 Boyle Open Art Exhibition.

The exhibition runs this year from **Fri 22 July until Sat 30th July**, throughout the Boyle Arts Festival.

Entries will be accepted in any medium, to a maximum of 3 per person. Last year's exhibition was well supported as always, with many works sold. We anticipate another excellent show, exhibits for which will be selected by an anonymous panel.

Handing-in of entries will be on **Friday 1st July 4pm to 6pm** and/ or **Saturday 2nd July from 4pm to 6pm**

in Church of Ireland, Parochial School, Military Road, Boyle (opposite Family Life Centre). Conditions of Entry and an Entry Forms available from Una Bhan Tourism, Grounds of King House, 071 96 63033 e-mail unabhan@indigo.ie

We are looking forward to seeing you and your new work on handing in day.

**Úna Bhán Tourism is a co-operative set up to market tourism products in the North Roscommon, South Sligo, Leitrim area.
Each month we will feature some of these facilities**



Ballaghboy Log House Self catering and B&B Accommodation, Ballinafad, Boyle

A country style getaway in this rustic retreat, situated on private 51 acre farm, offering seclusion & privacy from its location on the periphery of the Curlew Mountains with breathtaking views over Lough Arrow & surrounding mountains.

Ballaghboy Lodge Farm B&B offer guest accommodation in an eco-friendly farmhouse with geo-thermal under-floor heating. All guest rooms have en-suite facilities, wireless broadband, a TV / DVD, with tea & coffee making facilities. Double room with en-suite shower room; Family room with full bathroom & shower; Twin room with en-suite shower room. No single room supplement (when available). Home cooked evening meals available.

They also offer 2 eco-friendly self catering log cabins. These ideally sleep two adults and two children (teenagers as the upstairs loft sleeping area has restricted head height). They each comprise of downstairs bedroom / lounge (with a choice of either double or twin beds), shower room and kitchen.

ENJOY FREE ADMISSION to KING HOUSE, BOYLE

King House is pleased to announce that admission charges have been removed and everyone can now enjoy FREE entry this season!

With the aid of hand-held audio-guides, visitors can wander through the many rooms of this vast mansion & barracks at their leisure and encounter life-size historical figures, sounds from the past and hands-on family activities that bring this unique building alive! Delve into dramatic stories of great banquets, tragic romance, murder, daring escapes and feats of bravery and hardship in war!

Adults and children alike will enjoy the many activities including writing with a quill and ink, dressing up like a Gaelic Chieftain or beating the regimental drum and a tour would not be complete without experiencing the cold jail cells in the basement! The average length of a visit is 1 to 1½ hours, however many visitors have been known to stay for much longer than that! For more information on our exhibitions and opening times please visit our website www.kinghouse.ie



CAMPA GAELGE in St Joseph's Hall, Boyle from Mon July 4th to Fri July 18th.

The course will be mainly directed at final year of Primary School; to Junior Cert Level students & will concentrate entirely on spoken Irish in formal and informal sessions.

With only about 12 students per class it will be a golden opportunity to improve student's standard of

Irish and improve their grades considerably. Students will speak only Irish during the course to achieve this. The course will be run by Michael O'Toole, BA, HDE (a native Irish speaker) & by two experienced teachers. If interested please call Michael on 086 344 2808 for more information and registration. Closing date for enrolment is Mon May 16th. *Please note that 40% of total Leaving Certificate marks will be allocated to Oral Irish, from 2012 instead of 25% as at present.*

LOCAL NEWS

Pop in and see our Range of Fishing Tackle in the Úna Bhán Craft Shop, call in anytime and ask for Roy, including new fly stocks, rods & reels



THE BOYLE SINGERS' CIRCLE

The next session of the Boyle Singers Circle will be held in Dodd's Bar on the Crescent Boyle at 9.30pm onwards, why not pop along and enjoy the singing, with an emphasis on traditional songs, mainly (but not always) unaccompanied, in Irish, English, or any other language. All singers, story tellers and listeners welcome.

BINGO

Bingo continues in St Joseph's Hall, Boyle, on Tuesday nights. There is a 1,000 euro jackpot up for grabs. Everyone is welcome.

BOYLE LIBRARY BOOK CLUB

The Book Club will be meeting in the Boyle Library on Tuesday 10th May at 6.45pm. The book up for discussion this month will be "Catch 22" by Joseph Heller. All welcome to come along. New members always welcome. Copies of book are available in Boyle Library.

CURLEW WALKERS

Next outing takes place on Saturday 7th May meeting on the Crescent Boyle at 9.00am, This is a A/C climb and your leader will be Eugene Griffin 086 2560400. There is also a walk taking place on Sunday 22nd May, meeting on the Crescent Boyle at 11.00am, this is a grade C flat/climb with leader for the day being John Nolan 087 6843579. Please confirm times with leader prior to walk.

CONGRATULATIONS

Congratulations to all who are making their Confirmation on Sat 21st May and First Holy Communion on Sun 29th May in St Josephs Church, Boyle.



OFFICE SERVICES

Una Bhan offer office services such as Photo Copying, Laminating, Typing, Faxing, Binding and Printing. For further information please contact the office on 071 966 3033. Are you looking for a new job? Are you having difficulty putting together your CV? Would you like some help? Then why not call into the Úna Bhán office in the grounds of King House, Boyle, where we will be delighted to give you any help, advice or information we can. A good CV could make all the difference in getting your job application through to the interview stage. We have a template and sheet of helpful tips to guide you through the process. We will also type your CV if you cannot do this yourself. All information will be treated in the strictest of confidence. For more details, contact Úna Bhán Tourism on 071 9663033.

Boyle Care & Repair Service

Are you 60+ years of age? Do you have any jobs that you are not able to complete yourself (**jobs that will not take more than an hour will qualify**). We have volunteers and handy persons to carry out this work for you. Our Volunteers are of all ages both male and female and all have been vetted by the Garda. This service is free of charge with clients paying only for materials used. So if that light bulb is flickering or your smoke alarm needs attention don't hesitate to call Care and Repair on 094 96 21644 or call into Una Bhan Tourism in the grounds of King House and they will take your details.

MORE NEWS?

Your news correspondents at Úna Bhán Tourism are always on the look out for interesting items concerning Boyle and its surrounds for inclusion in the local Boyle news columns (we supply Boyle news to six local newspapers) and Úna Bhán monthly newsletter. Please e-mail unabhan3@eircom.net or telephone 071 9663033.